



Item #: L0105

Lamb Weston® Sweet Potatoes 1/2" Roasted Tri-Cut Dice

Brand: Lamb Weston®
Cut Size: 1/2" Tri-Cut Diced
Package Size: 6/6#

Lamb Weston® Sweet Potatoes will differentiate and expand your menu while being a perfect choice for customers looking for healthier menu options. These oven roasted dices are exceptionally versatile in recipes for breakfast, lunch, and dinner while also saving you time and labor with no prep required. They cook up fast in the fryer or oven!

OPERATOR BENEFITS



Choose from a variety of flavors and sizes in our wide portfolio of offerings.



Save time and labor by replacing back-of-house cutting, peeling, and prepping with a ready-to-go solution right out of the freezer.



Try our variety of pre-seasoned offerings for quick and convenient back-of-house solutions.

NUTRITION AND COOKING METHODS

Serving size: 1 cup (84g)
Servings per container: About 192
Calories [per serving]: 90

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

| | Amount per Serving | % Daily Value* |
|--------------------|--------------------|----------------|
| Total Fat | 0.0g | 0% |
| Saturated Fat | 0.0g | 0% |
| Trans Fat | 0g | |
| Cholesterol | 0.0mg | 0% |
| Sodium | 60.0mg | 3% |
| Total Carbohydrate | 20.0g | |
| Dietary Fiber | 2.0g | 7% |
| Total Sugars | 8g | |
| Added Sugars | 0.0g | 0% |
| Protein | 2.0g | |
| Vitamin D | 0.0mcg | 0% |
| Calcium | 40.0mg | 2% |
| Iron | 0.72mg | 4% |
| Potassium | 280.0mg | 4% |

Ingredients: Sweet Potatoes, Sodium Acid Pyrophosphate Used As a Processing Aide.

Grade: A
Kosher: No
Halal: No

| Cooking Method | Time | Temperature | Additional Instructions |
|-----------------------|-------------|--------------------|--|
| Conventional Oven | 30 - 35 min | 400°F | Arrange frozen product in a single layer on a baking sheet lined with aluminum foil parchment paper. Turn product halfway through baking time. |
| Convection Oven | 15 - 20 min | 450°F | Arrange frozen product in a single layer on a baking sheet lined with aluminum foil parchment paper. Turn product halfway through baking time. |

SHIPPING AND STORAGE

Shipping Information

| | |
|-------------------|----------------|
| Item Number | L0105 |
| GTIN | 10044979221810 |
| Net Weight | 36.0 lb |
| Gross Weight | 38.0 lb |
| Count Per Pound | N/A |
| Case Cube | 1.22 |
| Ti/Hi | 9,7 |
| Country of Origin | US |
| Shelf Life | 720 days |

Handling Instructions

Do not drop. Handle like eggs. Perishable, keep frozen. Store at 0°F or colder.